



OCTOBER FEATURED MENU

PRICES REFLECT SERVINGS IN 2, 3, AND 6, RESPECTIVELY

CHICKEN

ALMOND CHICKEN \$11, \$17, \$27 •FreshBite takes plump and all-natural chicken breasts and marinates them in a phenomenal mixture of light Dijon, garlic, and fresh-squeezed lemon juice. The chicken is then sautéed and bathed in a mixture of chicken broth, butter, orange marmalade and topped with toasted almonds. *Kid-Friendly* **Stove-Top Prep**

4-CHEESE, SOUTHWEST CHICKEN \$13, \$19, \$29 •Chicken breasts that are perfectly seasoned and sautéed with garlic and onion, and mixed with a thick, cream sauce that's made with milk, sour cream, and delicious spices. Not stopping there, it's then topped with a melted, tasty, 4-cheese blend. This one's a dandy! Personally, one of my favorite chicken entrees. SOOOOO good. *Kid-Friendly* **Stove-Top Prep**

HERBED CHEESE STUFFED CHICKEN WITH CRANBERRY SAUCE \$13, \$19, \$29 •A handmade, herbed cream cheese that spooned and rolled into chicken breasts, then topped with a delicious cranberry mixture made with sugar, freshly diced onions, and fresh-squeezed lime juice. Always a best-seller. *Kid-Friendly* **Oven-Bake**

BEEF

SLOW-COOKER, BEEF BRISKET WITH CABERNET SAUCE \$16, \$24, \$36 •We start with a generous slab of "Choice" beef brisket and combine it with fresh onion, garlic, and real bits of bacon. On those chilly, fall evenings, you can't go wrong with a slow-cooker brisket combined with fresh celery, tomatoes, carrots, red wine, fresh-squeezed orange juice, and a host of herbs and spices. Top over any of our delicious flavors of mashed potatoes for a hearty and delicious dinner.

SWEET, BALSAMIC MARINATED TRI TIP STEAKS \$14, \$24, \$34 •Tender, marbled slabs of beef tri tip steaks that are marinated, for 24 hours, in a delicious concoction of sweet honey, Balsamic, garlic, brown sugar, and a host of other ingredients. An absolute delicious steak. *Kid-Friendly* **Oven-Bake/Grill**

PORK

HONEY/ORANGE GLAZED PORK TENDERLOIN \$12, \$20, \$32 •FreshBite starts with a tender, boneless pork tenderloin. We then whisk together a fresh marinade consisting of honey, orange juice, rosemary, fresh shallots, and a host of other phenomenal ingredients. Once we've perfected this amazing marinade, we take the time to marinate the already delicious pork for 24 hours. Using fresh ingredients, and taking the time to let all the amazing flavors infuse, ensures a tenderloin entree that is sure to please. *Kid-Friendly* **Oven-Bake**

SEAFOOD

PASTA PRIMAVERA SHRIMP WITH LINGUINE \$14, \$24, \$34 •Generous portions of large, plump shrimp that are pan-seared and tossed with a mixture of freshly diced tomatoes, onion, green peppers, and zucchini. Combined with freshly-squeezed lemon juice, white wine, and a fantastic combination of herbs makes this a healthy dinner entree. Accompanied by FreshBite's linguine noodles. **Stove-Top Prep**



EVERYDAY MENU

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AUTHENTIC CHICKEN ENCHILADAS \$8, \$15, \$25 • Cubed chicken, Jack cheese, black beans, and an original blend of seasonings rolled in flour tortilla and topped with a red enchilada sauce and cheese. Delicious. *Kid-Friendly* **Oven-Bake**

MARINATED WILD, ATLANTIC SALMON \$12, \$22, \$32 • Wild, Alaskan fillets marinated in Teriyaki, fresh-squeezed lemon, dill and other spices to create a distinctive flavor. Simple and delicious. *Kid-Friendly* **Oven-Bake**

HAM AND CHEESE STUFFED CHICKEN \$12, \$18, \$28 • Chicken breasts filled with smoked ham, Monterey Jack cheese, and rolled in seasoned breadcrumbs. *Kid-Friendly* **Oven-Bake**

HAND-CUT MARINATED, ANGUS SIRLOIN STEAKS \$14, \$24, \$34 • A tender cut of “Choice”, Angus Sirloin steak that’s hand-cut, and marinated in soy sauce, brown sugar, olive oil, and special seasonings. A phenomenal marinade resulting in a juicy, flavorful steak. *Kid-Friendly* **Oven-Bake or Grill**

MAUI SALMON \$12, \$22, \$32 • A new twist on our already delicious cut of wild, Atlantic Salmon: We take our thick, oily fillets and bathe them in fresh concoction of sweet, delicious, Hawaiian flavors. An unbelievable marinade! A salmon entree that you MUST try. **Oven-Bake**

LOADED, BAKED MAC AND CHEESE \$18, \$28 (SORRY, NOT AVAILABLE IN THE 2-SERVING) • There's nothing ordinary about FreshBite’s Mac and Cheese: Macaroni noodles that are combined with 4 kinds of fantastic cheeses, chunks of ham, and topped with Panko breadcrumbs for a crunchy top. This is that Mac and Cheese that you'll be talking about. *Kid-Friendly* **Oven Bake**

QUICHE AND RASPBERRY SCONES \$28.00 *FULL ENTRÉE ONLY (SERVES 6) • Crisp, smoked bacon combined with Jack cheese, green peppers and mushrooms baked in a golden, deep-dish crust until bubbly. Accompanied with (6) White Chocolate/Raspberry scones. A delicious combination! **Oven Bake**

SIGNATURE SIDES

PRICES REFLECT SERVINGS OF 2, 3, AND 6, RESPECTIVELY

ORGANIC BROCCOLI WITH CHEDDAR CHEESE SAUCE \$6, \$8, \$11 • 100% organic broccoli florets accompanied by a delicious, cheddar cheese sauce.

ROASTED BABY BAKERS \$5, \$7, \$10 • Elegant miniature potatoes, flame roasted, and served with a butter–chive sauce.

ORGANIC, WHOLE GREEN BEANS \$6, \$8, \$11 • Healthy, 100% organic whole green beans with an olive oil and seasoning drizzle.

ORGANIC NORMANDY VEGETABLES WITH CHEDDAR CHEESE SAUCE \$6, \$8, \$11 • A 100% organic mixture of cauliflower, broccoli crowns, and yellow and orange carrots that are perfectly cooked and topped with an included cheddar cheese sauce.

TUSCAN MASHED POTATOES \$5, \$7, \$10 • Red, smashed potatoes seasoned with an array of delicious herbs.

WHITE CHEDDAR MASHED POTATOES \$5, \$7, \$10 • Creamy, thick mashed potatoes that finish with a delicious white cheddar.

WHITE CHOCOLATE, RASPBERRY SCONES (2) \$5 (3) \$7 (6) \$10 • Soft, moist, delicious scones with real raspberry and chunks of white chocolate. Warm, out of the oven, there really is nothing like them! One of the best you’ll ever eat, we promise!