



## JANUARY FEATURED MENU

PRICES REFLECT SERVINGS IN 2, 3, AND 6, RESPECTIVELY

### CHICKEN

**HONEY-PECAN CRUSTED CHICKEN \$12, \$18, \$28** •Tender chicken breasts dredged in a mixture of Dijon mustard, freshly-squeezed lemon juice, honey, then coated in seasoned breadcrumbs and freshly ground pecans. This is a good one! Another best-selling entrée. *Kid-Friendly* **Oven-Bake**

**BASIL PESTO CHICKEN \$11, \$17, \$27** •All-natural, hormone-free chicken breasts marinated in a garlic sauce, then topped with a rich and fresh basil pesto mixture on the side. Includes Parmesan cheese for topping. Definitely one for the pesto lover! *Kid-Friendly* **Stove Top Prep**

**CHICKEN PARMESAN \$13, \$19, \$29** •FreshBite starts with Panko-breaded chicken breasts seasoned with Italian herbs, sprinkled with a layer of Parmesan cheese, and then topped with a delicious layer of Marinara sauce. Once baked to perfection, it's finished with a nice portion of melted, Mozzarella cheese. *Kid-Friendly* **Oven-Bake**

### BEEF

**HERB-CRUSTED TRI TIP STEAKS \$15, \$24, \$36** •FreshBite takes this wonderful cut and hand-rubs them with a mixture of olive oil, garlic, Parmesan cheeses, and a handful of delicious and fragrant herbs and spices. We go a bit further, and allow these steaks to marinate for 24 hours to absorb all the amazing ingredients. You could put this wet rub on a hubcap and make it delicious! Personally, one of my favorites. *Kid-Friendly* **Oven Bake/Grill**

### PORK

**FRESHBITE'S PERFECT PORK SHANKS \$14, \$20, \$32** •Delicious and meaty pork shanks that are dredged in flour, seasoned, and baked in a phenomenal mixture of fresh carrots, celery, onion, red wine, and herbs and spices. Pair this with any of our mashed potatoes for an excellent dinner. It's absolutely perfect! *Kid-Friendly* **Oven-Bake**

### SEAFOOD

**PANKO-CRUSTED, WILD COD WITH LEMON/CREAM SAUCE \$13, \$22, \$32** •We take firm, 4oz hunks of wild, Alaskan Cod that are dredged in Panko breadcrumbs, seasoned to perfection, and then topped with a thick, lemony cream sauce made with a white wine, heavy cream, and fresh-squeezed lemon juice, and green onions. Truly, one of my favorite sauces that we make from scratch. **Oven-Bake**

### FRESHBITE FAVORITE

**SMOKED SAUSAGE AND PENNE PASTA \$14, \$22, \$34** •Featuring a Spokane legendary, meat market's phenomenal smoked German sausage: We hand-slice thick "coins" and toss them with freshly-diced onion, roasted red peppers, sun-dried tomatoes, freshly sliced fresh basil, and garlic. Once pan-seared, it's all combined with an included penne pasta and topped with Parmesan cheese. A delicious pasta entrée with fresh, local flair. This entrée is one of my wife's and daughter's all-time, favorite entrees! *Kid-Friendly* **Stove Top Prep**

## EVERYDAY MENU

PRICES REFLECT SERVINGS IN 2, 3, AND 6, RESPECTIVELY

**AUTHENTIC CHICKEN ENCHILADAS \$8, \$15, \$25** • Cubed chicken, Jack cheese, black beans, and an original blend of seasonings rolled in flour tortilla and topped with a red enchilada sauce and cheese. Delicious. *Kid-Friendly* **Oven-Bake**

**MARINATED WILD, ATLANTIC SALMON \$12, \$22, \$32** • Wild, Alaskan fillets marinated in Teriyaki, fresh-squeezed lemon, dill and other spices to create a distinctive flavor. Simple and delicious. *Kid-Friendly* **Oven-Bake**

**HAM AND CHEESE STUFFED CHICKEN \$12, \$18, \$28** • Chicken breasts filled with smoked ham, Monterey Jack cheese, and rolled in seasoned breadcrumbs. *Kid-Friendly* **Oven-Bake**

**HAND-CUT MARINATED, ANGUS SIRLOIN STEAKS \$14, \$24, \$34** • A tender cut of “Choice”, Angus Sirloin steak that’s hand-cut, and marinated in soy sauce, brown sugar, olive oil, and special seasonings. A phenomenal marinade resulting in a juicy, flavorful steak. *Kid-Friendly* **Oven-Bake or Grill**

**MAUI SALMON \$12, \$22, \$32** • A new twist on our already delicious cut of wild, Atlantic Salmon: We take our thick, oily fillets and bathe them in fresh concoction of sweet, delicious, Hawaiian flavors. An unbelievable marinade! A salmon entree that you MUST try. **Oven-Bake**

**LOADED, BAKED MAC AND CHEESE \$18, \$28 (SORRY, NOT AVAILABLE IN THE 2-SERVING)** • There's nothing ordinary about FreshBite’s Mac and Cheese: Macaroni noodles that are combined with 4 kinds of fantastic cheeses, chunks of ham, and topped with Panko breadcrumbs for a crunchy top. This is that Mac and Cheese that you'll be talking about. *Kid-Friendly* **Oven - Bake**

**QUICHE AND RASPBERRY SCONES \$28.00 \*FULL ENTRÉE ONLY (SERVES 6)** • Crisp, smoked bacon combined with Jack cheese, green peppers and mushrooms baked in a golden, deep-dish crust until bubbly. Accompanied with (6) White Chocolate/Raspberry scones. A delicious combination! **Oven-Bake**

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## SIGNATURE SIDES

PRICES REFLECT SERVINGS OF 2, 3, AND 6, RESPECTIVELY

**ORGANIC BROCCOLI WITH CHEDDAR CHEESE SAUCE \$6, \$8, \$11** • 100% organic broccoli florets accompanied by a delicious, cheddar cheese sauce.

**ROASTED BABY BAKERS \$5, \$7, \$10** • Elegant miniature potatoes, flame roasted, and served with a butter–chive sauce.

**ORGANIC, WHOLE GREEN BEANS \$6, \$8, \$11** • Healthy, 100% organic whole green beans with an olive oil and seasoning drizzle.

**ORGANIC NORMANDY VEGETABLES WITH CHEDDAR CHEESE SAUCE \$6, \$8, \$11** • A 100% organic mixture of cauliflower, broccoli crowns, and yellow and orange carrots that are perfectly cooked and topped with an included cheddar cheese sauce.

**TUSCAN MASHED POTATOES \$5, \$7, \$10** • Red, smashed potatoes seasoned with an array of delicious herbs.

**WHITE CHEDDAR MASHED POTATOES \$5, \$7, \$10** • Creamy, thick mashed potatoes that finish with a delicious white cheddar.

**WHITE CHOCOLATE, RASPBERRY SCONES (2) \$5 (3) \$7 (6) \$10** • Soft, moist, delicious scones with real raspberry and chunks of white chocolate. Warm, out of the oven, there really is nothing like them! One of the best you’ll ever eat, we promise!