



MAY FEATURED MENU

PRICES REFLECT SERVINGS IN 2, 3, AND 6, RESPECTIVELY

CHICKEN

GRILLED GINGER CHICKEN \$11, \$17, \$27 •Tender chicken breasts marinated in a mixture of fresh ginger root, minced garlic, and a little sugar for a hint of sweetness makes this a delicious entree. Always one of our monthly best-sellers. In the oven or on the grill, it's a fantastic chicken entree. Such great flavors! *Kid-Friendly* **Oven Bake/Grill**

JAMAICAN JERK CHICKEN \$12, \$18, \$28 •Chicken breasts marinated in an authentic "jerk" mixture of brown sugar, nutmeg, cinnamon, and other delicious and fragrant ingredients. The combination of "sweet and savory" makes this a well-balanced and delicious entrée. Exotic ingredients, with a wonderful finish, that will tantalize your taste buds! **Oven Bake/Grill**

PUB MUSTARD CHICKEN \$13, \$19, \$29 •All-natural chicken breasts dipped in a delicious mixture of pub-style mustard, mayo, brown sugar and garlic, then coated in Parmesan-spiked breadcrumbs. I say it a lot, but this one's always a top-seller. It's a good one! *Kid-Friendly* **Oven-Bake**

BEEF

BLACK DIAMOND TRI TIP STEAKS \$16, \$24, \$36 •The Tri-Tip steak comes from the Sirloin area of the beef. It's flavorful and tender. FreshBite takes this wonderful cut and marinates it in a mixture of honey, garlic, soy, and ginger. We go a bit further and make sure we marinate overnight before freezing ensuring a heck of steak entrée that's full of flavor. Personally, one of my favorite steak marinades. *Kid-Friendly* **Oven-Bake**

PORK

CROCKPOT ST. LOUIS RIBS WITH HONEY/BBQ SAUCE \$16, \$24, \$36 •Delicious slabs of St. Louis spare ribs that are hand-seasoned with a delicious Kansas-style dry rub, then wrapped and refrigerated for 24 hours to absorb all those fantastic flavors. FreshBite accompanies these beautiful ribs with a hand mixed, sweet BBQ sauce made with real honey. An absolutely fantastic rib entrée. *Kid/Friendly*

KOREAN PORK TENDERLOIN WITH RICE \$14, \$22, \$32 •Tender strips of hand cut pork tenderloin that are perfectly seasoned and combined with garlic, Asian spices and sesame oil for a perfect flavor. Top over our included rice for a light and delicious entrée. *Kid-Friendly* **Stove-Top Prep**

SEAFOOD

NEW!! COCONUT-CRUSTED COD WITH APRICOT DIPPING SAUCE \$14, \$22, \$34 •Firm, delicious sections of wild Cod that are dredged in a seasoned egg mixture, then rolled in a delicious mixture of Panko breadcrumbs and sweet coconut. Accompanied by a handmixed, sweet Apricot jam sauce for dipping or topping. It's all-new, and truly tasty! **Oven-Bake**



EVERYDAY MENU

PRICES REFLECT SERVINGS IN 2, 3, AND 6, RESPECTIVELY

AUTHENTIC CHICKEN ENCHILADAS \$8, \$15, \$25 • Cubed chicken, Jack cheese, black beans, and an original blend of seasonings rolled in flour tortilla and topped with a red enchilada sauce and cheese. Delicious. *Kid-Friendly* **Oven-Bake**

MARINATED WILD, ATLANTIC SALMON \$12, \$22, \$32 • Wild, Alaskan fillets marinated in Teriyaki, fresh-squeezed lemon, dill and other spices to create a distinctive flavor. Simple and delicious. *Kid-Friendly* **Oven-Bake**

HAM AND CHEESE STUFFED CHICKEN \$12, \$18, \$28 • Chicken breasts filled with smoked ham, Monterey Jack cheese, and rolled in seasoned breadcrumbs. *Kid-Friendly* **Oven-Bake**

HAND-CUT MARINATED, ANGUS SIRLOIN STEAKS \$15, \$25, \$35 • A tender cut of “Choice”, Angus Sirloin steak that’s hand-cut, and marinated in soy sauce, brown sugar, olive oil, and special seasonings. A phenomenal marinade resulting in a juicy, flavorful steak. *Kid-Friendly* **Oven-Bake or Grill**

MAUI SALMON \$12, \$22, \$32 • A new twist on our already delicious cut of wild, Atlantic Salmon: We take our thick, oily fillets and bathe them in fresh concoction of sweet, delicious, Hawaiian flavors. An unbelievable marinade! A salmon entree that you MUST try. **Oven-Bake**

LOADED, BAKED MAC AND CHEESE \$18, \$28 (SORRY, NOT AVAILABLE IN THE 2-SERVING) • There's nothing ordinary about FreshBite’s Mac and Cheese: Macaroni noodles that are combined with 4 kinds of fantastic cheeses, chunks of ham, and topped with Panko breadcrumbs for a crunchy top. This is that Mac and Cheese that you'll be talking about. *Kid-Friendly* **Oven - Bake**

QUICHE AND RASPBERRY SCONES \$28.00 *FULL ENTRÉE ONLY (SERVES 6) • Crisp, smoked bacon combined with Jack cheese, green peppers and mushrooms baked in a golden, deep-dish crust until bubbly. Accompanied with (6) White Chocolate/Raspberry scones. A delicious combination! **Oven-Bake**

SIGNATURE SIDES

PRICES REFLECT SERVINGS OF 2, 3, AND 6, RESPECTIVELY

ORGANIC BROCCOLI WITH CHEDDAR CHEESE SAUCE \$7, \$9, \$12 • 100% organic broccoli florets accompanied by a delicious, cheddar cheese sauce.

ROASTED BABY BAKERS \$6, \$8, \$11 • Elegant miniature potatoes, flame roasted, and served with a butter–chive sauce.

ORGANIC, WHOLE GREEN BEANS \$7, \$9, \$12 • Healthy, 100% organic whole green beans with an olive oil and seasoning drizzle.

ORGANIC NORMANDY VEGETABLES WITH CHEDDAR CHEESE SAUCE \$7, \$9, \$12 • A 100% organic mixture of cauliflower, broccoli crowns, and yellow and orange carrots that are perfectly cooked and topped with an included cheddar cheese sauce.

TUSCAN MASHED POTATOES \$6, \$8, \$11 • Red, smashed potatoes seasoned with an array of delicious herbs.

WHITE CHEDDAR MASHED POTATOES \$6, \$8, \$11 • Creamy, thick mashed potatoes that finish with a delicious white cheddar.

WHITE CHOCOLATE, RASPBERRY SCONES (2) \$6 (3) \$8 (6) \$11 • Soft, moist, delicious scones with real raspberry and chunks of white chocolate. Warm, out of the oven, there really is nothing like them! One of the best you’ll ever eat, we promise!