



AUGUST FEATURED MENU

PRICES REFLECT SERVINGS IN 2, 3, AND 6, RESPECTIVELY

CHICKEN

BASIL PESTO CHICKEN \$12, \$18, \$30 •All-natural, hormone-free chicken breasts marinated in a garlic sauce, then topped with a rich and fresh basil pesto mixture on the side. Includes Parmesan cheese for topping. Definitely one for the pesto lover! *Kid-Friendly* **Stove Top Prep**

CHICKEN PARMESAN \$13, \$19, \$31 •FreshBite starts with Panko-breaded chicken breasts seasoned with Italian herbs, sprinkled with a layer of Parmesan cheese, and then topped with a delicious layer of Marinara sauce. Once baked to perfection, it's finished with a generous portion of melted, Mozzarella cheese. *Kid-Friendly* **Oven-Bake**

CROCKPOT, GARLIC AND BROWN SUGAR CHICKEN \$13, \$19, \$31 •Hormone-free, plump chicken breasts, roasted baby potatoes, carrots and celery that are slow-cooked in a garlic and sweet, brown sugar sauce. A great stand-alone entree, or topped over your favorite rice or pasta. A best-seller! *Kid-Friendly*

BEEF

SEARED, ASIAN BEEF STIR FRY \$14, \$22, \$34 •As authentic as can get, we take strips of "Prime" steak and combine them Hoisin sauce, sesame oil, soy sauce, brown sugar, fresh ginger, and a host of other fantastic Asian spices. Not stopping there, we marinate this steak mixture overnight ensuring a delicious and authentic flavor when mixed with our stir fry veggies and prepared rice. It's worth all the extra work with the flavorful, end result. **Stove Top Prep**

PORK

CHEESE AND CHERRY STUFFED PORK CHOPS \$15, \$23, \$35 •FreshBite starts with full, boneless pork loin and hand cuts it down into thick chops. We then cut pockets into them, and generously stuff them with a creamy mixture of cream cheese, herbs, spices, and large, dried cherries. The cream cheese and herbs perfectly complements the sweetness of the cherries. A truly delicious pork chop! **Oven-Bake**

SEAFOOD

PASTA PRIMAVERA WITH SHRIMP \$15, \$23, \$35 •We start with large, plump shrimp that are pan-seared and tossed with a mixture of freshly diced tomato, onion, green peppers, and zucchini. Combined with freshly-squeezed lemon juice, white wine, and a fantastic combination of herbs makes this a healthy and tasty lunch or dinner entree. Accompanied by FreshBite's penne noodles. **Stove Top Prep**



EVERYDAY MENU

PRICES REFLECT SERVINGS IN 2, 3, AND 6, RESPECTIVELY

AUTHENTIC CHICKEN ENCHILADAS \$8, \$15, \$25 • Cubed chicken, Jack cheese, black beans, and an original blend of seasonings rolled in flour tortilla and topped with a red enchilada sauce and cheese. Delicious. *Kid-Friendly* **Oven-Bake**

MARINATED WILD, ATLANTIC SALMON \$14, \$22, \$34 • Wild, Alaskan fillets marinated in Teriyaki, fresh-squeezed lemon, dill and other spices to create a distinctive flavor. Simple and delicious. *Kid-Friendly* **Oven-Bake**

HAM AND CHEESE STUFFED CHICKEN \$12, \$18, \$30 • Chicken breasts filled with smoked ham, Monterey Jack cheese, and rolled in seasoned breadcrumbs. *Kid-Friendly* **Oven-Bake**

HAND-CUT MARINATED, ANGUS SIRLOIN STEAKS \$16, \$25, \$40 • A tender cut of “Choice”, Angus Sirloin steak that’s hand-cut, and marinated in soy sauce, brown sugar, olive oil, and special seasonings. A phenomenal marinade resulting in a juicy, flavorful steak. *Kid-Friendly* **Oven-Bake or Grill**

MAUI SALMON \$14, \$22, \$34 • A new twist on our already delicious cut of wild, Atlantic Salmon: We take our thick, oily fillets and bathe them in fresh concoction of sweet, delicious, Hawaiian flavors. An unbelievable marinade! A salmon entree that you MUST try. **Oven-Bake**

LOADED, BAKED MAC AND CHEESE \$18, \$28 (SORRY, NOT AVAILABLE IN THE 2-SERVING) • There's nothing ordinary about FreshBite’s Mac and Cheese: Macaroni noodles that are combined with 4 kinds of fantastic cheeses, chunks of ham, and topped with Panko breadcrumbs for a crunchy top. This is that Mac and Cheese that you'll be talking about. *Kid-Friendly* **Oven - Bake**

QUICHE AND RASPBERRY SCONES \$28.00 *FULL ENTRÉE ONLY (SERVES 6) • Crisp, smoked bacon combined with Jack cheese, green peppers and mushrooms baked in a golden, deep-dish crust until bubbly. Accompanied with (6) White Chocolate/Raspberry scones. A delicious combination! **Oven-Bake**

SIGNATURE SIDES

PRICES REFLECT SERVINGS OF 2, 3, AND 6, RESPECTIVELY

ORGANIC BROCCOLI WITH CHEDDAR CHEESE SAUCE \$7, \$9, \$12 • 100% organic broccoli florets accompanied by a delicious, cheddar cheese sauce.

ROASTED BABY BAKERS \$6, \$8, \$11 • Elegant miniature potatoes, flame roasted, and served with a butter-chive sauce.

ORGANIC, WHOLE GREEN BEANS \$7, \$9, \$12 • Healthy, 100% organic whole green beans with an olive oil and seasoning drizzle.

ORGANIC NORMANDY VEGETABLES WITH CHEDDAR CHEESE SAUCE \$7, \$9, \$12 • A 100% organic mixture of cauliflower, broccoli crowns, and yellow and orange carrots that are perfectly cooked and topped with an included cheddar cheese sauce.

TUSCAN MASHED POTATOES \$6, \$8, \$11 • Red, smashed potatoes seasoned with an array of delicious herbs.

WHITE CHEDDAR MASHED POTATOES \$6, \$8, \$11 • Creamy, thick mashed potatoes that finish with a delicious white cheddar.

WHITE CHOCOLATE, RASPBERRY SCONES (2) \$6 (3) \$8 (6) \$11 • Soft, moist, delicious scones with real raspberry and chunks of white chocolate. Warm, out of the oven, there really is nothing like them! One of the best you’ll ever eat, we promise!